

Everyone Matters – Lesson Plan 1

Main focus of activity:

- To introduce the framework for the work on bullying issues

Learning objectives:

- To establish ground rules to ensure a safe learning environment
- To develop an understanding of a commonly used definition of bullying
- To look at the different forms of bullying and the impact it can have on young people

Links to curriculum: Teaching around bullying and the related issues supports a wide range of curriculum delivery including:

- PSHE
- Citizenship
- Social and Emotional aspects of Learning

Activity outline:

Introduction

- Collectively identify a set of ground rules that give the class parameters for discussion. These should be captured and displayed in all lessons related to the ‘Everyone Matters’ project. Use slide 1 to illustrate.
- Use slide 2 (animated) in order to pose some thought amongst the class. The class can try and anticipate the second part of the statistic if they wish. Teachers could also convert these to a table activity similar to ‘top and tail’.
- Lead a discussion around the types of bullying that can be seen in school and society. Use slide 3 to help focus on the broad types of bullying
- Have a brief discussion around the important element of what the difference is that makes someone the target for a bully e.g. race, gender, sexuality, appearance etc. Use slide 4 as a prompt.



Main Part of Lesson:

Teaching and Learning:

- Use paired talk strategies to develop a structured conversation amongst the group. See the 'Structured Conversation' resource if a tight structure is needed
- Get the class to deliver short presentations on the key elements of their discussion.
- Get the class to decide on their own definition of bullying. Take some examples or display on the board or wall.



Check and display the school policy definition of bullying. Use slide 5 to look at one definition and discuss the key elements of this.



Plenary:

- Review the key elements of the lesson and reflect on how well the ground rules were met by the group

Indicate that in the next sequence of lessons the class will look in more detail at bullying and the impact it can have on young people

'Engagement for Learning' (EoL) and Social and Emotional Aspects of Learning (SEAL):

Bullying is always an emotive subject. Considering the strategies for engaging all learners in the work safely and without loss of focus is important. The Everyone Matters materials are supported by teaching and learning resources designed to engage all classes in the learning process. These 'Engagement for Learning' activities can be planned into the delivery of the lessons in order to ensure that the learning environment is safe and secure. Supporting this are references to the SEAL outcomes which encourage resilience and collaboration in students.

Teachers can follow the online links to find out more about the strategies and the framework in which they are delivered.

Notes/links

The following may be of help to any young person affected by the information in these lessons or who needs more information on the issues covered:

<http://www.youngstonewall.org.uk/>

<http://www.childline.org.uk/Pages/Home.aspx>

<http://www.cybermentors.org.uk/>

<http://www.direct.gov.uk/en/YoungPeople/HealthAndRelationships/Bullying/index.htm>